



## RED CROSS READY SCHOOLS FREQUENTLY ASKED QUESTIONS

### **What is Red Cross Ready Schools?**

The American Red Cross and Walmart are partnering to make Arizona schools a safer place by training 1,200 teachers how to save a life through CPR and First Aid. The goal of Red Cross Ready Schools is to increase the capacity of Arizona schools to prevent, prepare for and respond to emergencies. We also want to develop a program that is sustainable so schools can continue to train teachers in Red Cross CPR and First Aid.

### **How is the Red Cross able to do this?**

The Red Cross Ready Schools program is made possible by a \$100,000 dollar grant from Walmart.

### **How does this program work?**

In the first year, the Red Cross is going to train 30 school staff members to become certified Red Cross instructors and provide them with manikins and supplies to teach their first 40 students.

Those Red Cross trainers will then teach their colleagues CPR and First Aid.

By the end of the first year, 1,200 teachers will be certified in CPR and First Aid.

### **What do people learn in Red Cross CPR, First Aid and AED?**

Red Cross CPR, First Aid and AED teaches you how to identify and handle cardiac and breathing emergencies as well as treat sudden illnesses or injuries. When you become Red Cross certified in CPR, AED and First Aid, you become better equipped to handle an emergency no matter what it is or where it is.

### **Who's eligible for Red Cross Ready Schools?**

- K-12 school teachers
- Teachers who are not currently required to have certification
- Teachers in our 10-county jurisdiction

### **How can a school get involved?**

There's an online tool available for schools that are interested in the program. Visit [www.arizonareddcross.org/schools](http://www.arizonareddcross.org/schools) and complete the form.

### **The Red Cross conducted a focus group with 39 educators from seven counties. The educators, administrators and nurses have been in the education industry from 4-10 years. What did you learn?**

We learned that 35-percent of them have responded to an emergency in the classroom and nearly all of them (96%) said they would participate in training if it was offered.

### **What were other key findings from the focus group?**

- No time
- No funding
- Not available at the school level
- Not required
- Afraid of making a mistake

**Why do administrators think this program so important?**

Administrators who participated in the focus group cited many reasons for bringing CPR and First Aid training into the schools. Those reasons include an increase in number of students taking regular medications as well as more students with food allergies and asthma. Also, classes are larger and there are fewer staff members and nurses on campus.

**The Red Cross Ready Schools program is using the Blending Learning method. What is that?**

Blended learning is an innovative training method that combines online lessons and a skills test with an instructor. Blended learning allows students to learn from the comfort of their computer at their own pace. Then, their skills are tested in a classroom setting. With blended learning, more people can be trained to save lives with flexibility that works in their schedule.

**For more information on Red Cross Ready Schools contact:**

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